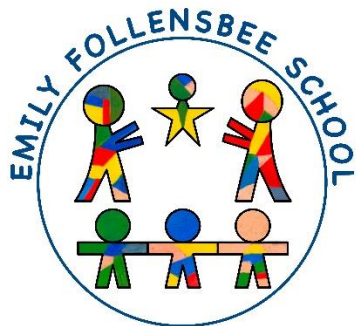




Emily Follensbee School

5139 14 Street SW, Calgary, AB T2T 3W5 t | 403-777-6980 f | 587-933-9711 e | EmilyFollensbee@cbe.ab.ca
w | schools.cbe.ab.ca/EmilyFollensbee



Newsletter | September & October 2022

Welcome Back to School!

We are so delighted to have school underway and to welcome all returning and new students and families to the 2023- 2024 school year at Emily Follensbee. Emily Follensbee is such a wonderful place for students to learn and grow. I know the year ahead will be an incredible learning journey for each of our students and am excited to see the great learning opportunities that students will engage in.

Along with getting to know our new students and getting reacquainted with returning students in August and September we look forward to welcoming families into the school on September 21 in the evening and during the day on September 22 for school conferences. We encourage all parents/guardians to attend conferences as this is vital to learning more about your child and establishing learning priorities for Individual Program Plans (IPP's) for the upcoming school year. We also are looking forward to the many exciting events and activities that will take place in the first few months of school including scheduled fire drills, Orange Shirt Day, Terry Fox Run, Walk & Roll, school picture day, fall break, School Council Meetings and a Halloween Spooktacular Day.

A reminder that many forms need to be completed on-line and others have been sent home for you to complete. These forms are important, and we ask that you complete and return them as soon as possible so that we have the most up-to-date information. If you need support or have questions, do not hesitate to contact your child's classroom teacher, or call the office.

We are so excited for the year ahead and look forward to all the great learning that we get to engage in with your child.

Regards,
Jennifer Hart, Principal

September 2022

- Sept. 4** No Classes (holiday)
- Sept. 15** Terry Fox Walk, Run & Roll @ 12:30 pm
- Sept. 21** **Student Learning Conferences (PM)**
3:30 pm – 7:30 pm

Council & Society Meets @ 6:45 pm
- Sept. 22** **No Classes (PD Day)**
Student Learning Conferences (AM)
8:30 am – 12:30 pm
- Sept. 28** Orange Shirt Day
- Sept. 29** No Classes (holiday)

October 2022

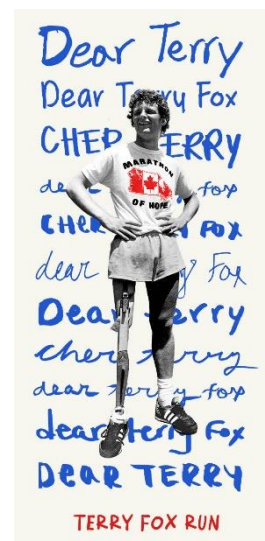
- Oct. 9** No Classes (holiday)
Fall Break Starts
- Oct. 16** Classes Resume
- Oct. 17** AHS Flu & Vaccine Clinic
- Oct. 19** Council & Society Meets @ 6:45 pm
- Oct. 25** School Photo Day
- Oct. 28** Orange Shirt Day
- Oct. 29** No Classes (PD Day)
- Oct. 31** Halloween Celebration

Terry Fox Walk, Run & Roll | Friday, September 15

We will be joining millions of students across Canada by taking part in the **Terry Fox Walk, Run & Roll** on **Friday, September 15**. We invite you to put on a pair of running shoes and join us for our annual walk, run and roll to help share Terry's example of courage, strength and hope!

We will be collecting toonies for Terry online! EFS is proudly taking part in this year's Terry Fox Walk, Run & Roll on September 15. Please support our school's fundraising efforts to raise much-needed funds for cancer research. Our goal for 2022 is to raise \$500!

Please donate online | <https://schools.terryfox.ca/30588>



Student Learning Conferences | September 21 & 22

We will be holding **Student Learning Conferences** on **Thursday, September 21** from **3:30 pm – 7:30 pm**, and **Friday, September 22** from **8:30 am – 12:30 pm**. This will be our first parent-teacher interview of the year where parents will have an opportunity to meet their child's teacher and discuss goals for the year ahead. **It is important that Parents/Legal Guardians attend!**

Important! Parents/Guardians will be able to book their conference time **online** using their [MyCBE Account](#).

School Council & EFS Society Meets | Thursday, September 21

Our School Council & EFS Children's Society extends an **open invitation** to Parents/Guardians in our school community who wish to be part of creating a successful year for our EFS students! We are hoping to increase attendance as we believe that everyone can offer unique perspectives, ideas, skills and experiences with our group.

The School Council acts as a bridge between school and parent communication, working closely with school administration and different committees made up of parent volunteers. The EFS Children's Society organizes the fundraising and works directly with the school to fund the enrichment of students' learning experiences. Both Council and the Society work together and collaborate to do the absolute most we can for our student community. Whether you become a member at large, hold a key position or as a drop-in guest – your participation is valued! If you are interested in joining the EFS School Council and/or EFS Children's Society, please email EFSCouncil@gmail.com.

Our first **School Council & EFS Children's Society Meetings** will be hosted virtually/online on **Thursday, September 21** at **6:45 pm** using MS Teams Meeting app. [CLICK HERE](#) to join the meeting.

National Truth & Reconciliation | September 28 & 29

As part of our indigenous learning and support in the reconciliation process, we encourage students and staff to **wear orange** on **Thursday, September 28** to promote the concept of "Every Child Matters". [Orange Shirt Day](#) commemorates the residential school experience to witness and honour the healing journey of the survivors and their families.

This year, **September 29** marks the **National Day for Truth & Reconciliation**. This day honours the children who never returned home and Survivors of residential schools, as well as their families and communities. There are **no classes** scheduled on **Friday, September 29**.

Thursday, September 28
Friday, September 29

Orange Shirt Day
No Classes - National Truth & Reconciliation Day



OTHER NEWS

Warm Water Therapy Pool

We are excited to announce that our warm water therapy pool is open and we have been enjoying welcoming students back into the water! Swim times are so much fun as we participate in a variety of activities promoting movement, wellness and fun! Just a reminder that **all students** need a **signed Acknowledgement of Risk** form to be returned to the school before students are able to participate in the pool therapy program.

Looking for Volunteers! The warm water therapy program is in need of volunteers to assist students in their swim times! If you are interested in volunteering, please contact Jill at our main office at 403-777-6980 or jraustinmori@cbe.ab.ca for more information. We would love to have you join us! If you have any questions about our warm water therapy program, please contact Lori at lmclayton@cbe.ab.ca.

Donations | Toonies for Terry

We will be collecting toonies for Terry [online](https://schools.terryfox.ca/30588)! EFS is proudly taking part in this year's Terry Fox Walk, Run & Roll on September 15. Please support our school's fundraising efforts to raise much-needed funds for cancer research. Our goal for 2023 is to raise \$500!

Please donate online | <https://schools.terryfox.ca/30588>



Fundraiser | Mabel's Labels

We have an ongoing fundraiser with **Mabel's Labels** where families can **customize** and **order** labels for their child(ren)'s items! These labels are **durable** and **washable**, and can also be customized for **allergies, medical and safety alerts**. Emily Follensbee School receives 20% of all campaign sales.

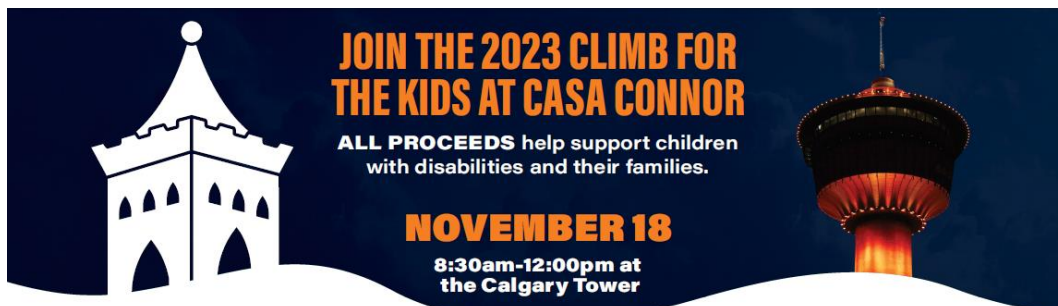
It's easy to order:

1. Go to campaigns.mabelslabels.com
2. Select **Emily Follensbee School (Calgary)** from the drop list
3. Pick and customize your labels



Fundraiser | Climb for the Kids at Casa Connor

Climb for the Kids at Casa Connor supports Mexico's Canadian Angels Foundation which is a registered charity focused on providing educational and therapeutic opportunities, improving health, nutrition and introducing much needed respite services for families of children with disabilities in Mexico. This work is carried out at Casa Connor, a facility build in Mexico as a legacy to Connor Vanderveen who had Hunter Syndrome and attended Emily Follensbee. On **Saturday, November 18** from 8:30 am – 12:00 pm, the **Climb for Kids at Casa Connor** will be hosting a stair climbing fundraiser at the **Calgary Tower**! Help us take Casa Connor to new heights by participating in this worthy event. For more details, please see view the [EVENT DETAILS](#).



CLASSROOM NEWS

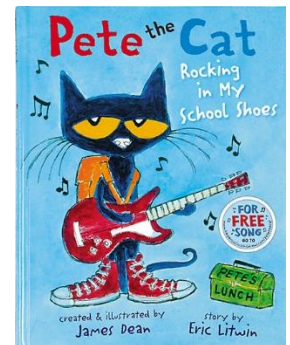
Amy's Class

We are so happy to be back and getting into a new routine! We have many new students to our class and have been busy getting to know everyone and reacquaint ourselves with returning students. Over the next couple of months, we look forward to diving into our Math Up activities for learning mathematic concepts through games! We will also be focusing our artwork on different sensory crafts that include all 5 senses: touch, see, smell, hear, and taste. We are excited to get busy learning this new school year!



Breton's Class

We have had a great start to the school year! We welcomed four new friends to our classroom; Ethan, Jessica, Dimitra and Chloe! We have focused on back to school routines and have been doing an activity on school sounds. Students have been using switches and the smart board to turn the pages and hear familiar and some new school sounds. Then students told us whether they liked the sounds and we are charting our responses and making a graph. We have also been reading the book *Pete the Cat: Rocking in my School Shoes*. Music class has been a blast so far with students playing new instruments like the chimes and steel tongue drum. We have been dancing with scarves to the song "Let it Go", and learning the chicken dance. We are looking forward to learning about Earth Sciences and Energy in the upcoming months.



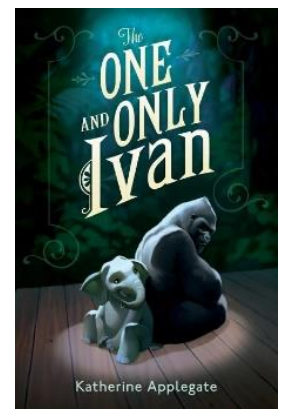
Colleen's Class

Welcome back! We've enjoyed a great start to what is sure to be a fun and successful year. We are happy to have returning classmates Cohen, Sukhraj, Charlie and Richard in the class this year, and are welcoming Kailani, Aria and Messiah to join us. We have taken time to enjoy the continued sunshine while we focus intently on the mathematical strand of measurement. Specific attention has been given to building measurement vocabulary; finding appropriate terms on devices and in PDD books, and terms that mean similar concepts. We have measured the lengths of names by both counting letters and comparing non-standard tiling units to make posters and have been surprised when comparing and ordering visual representation of our heights. Wow these kids are growing tall! Looking forward to the fall, we will take advantage of the good weather and use some community walks to supplement a learning unit on Community and Safety.



Darcy's Class

We have had a quick transition into our new year of learning and growing. We eased into routine the first couple of weeks and are now settling nicely in to our first unit of study. We are busy investigating oceans and the habitats within. This incredible group of kiddos is also enjoying our first novel Read Aloud. We started to read *The One and Only Ivan* by Katherine Applegate. This novel is a recommended read for Grade ¾ and will take us some time to get through. The kids are already learning so much about compassion, captivity vs wild, and friendship. We have had some great laughs and a few tears. This read is also reminding us about the things good readers do: make pictures in their heads, make predictions, think about the characters, figure out what words mean, and so much more. In math, we are beginning with the curricular link: "Quantity is measured with numbers that enable counting, labelling, comparing, and operating." We have been grouping and adding groups together as well as counting to twenty, and tracking the number of days we are in school. Our literacy focus is currently upon a review of the sound wall and the letters and letter groups that make each sound. We are looking forward to many science and art activities to support our learning and to help us make connections between our learning and what is happening in the world around us.



Diana's Class

Welcome our new students to the classroom: Kainat, Hunter, and Arshia!

We are also excited to have EAs Erica and Janey join us and work alongside Dione and Jo-Ann. We are missing Karen who is supporting another class this year! Welcome back our wonderful students from last year: Firas, Daniel, Barrick, Enzo, Lette, and Ushria. We started the school year getting to know each other and making new friends. In the coming weeks we will explore our names, interests, cultures, and things we like to do! It will be a full and fun year ahead!



Ekta's Class

We are so excited to welcome students to our classroom! We have had a great time getting back into routines, school activities, and learning. The months of August and September are all about exploring the vibrant world of colors. Just like the beautiful colors of Fall, we have been enjoying various colorful learning activities in our class. For this month, our curriculum focuses on colors, as well as observing seasonal changes. We are blending the magic of colors with activities that delve into communication, science, and art. We'll explore primary and secondary colors. The students will channel their creativity by mixing different colors and shades to reveal exciting combinations. We will explore the opposites: Light/Dark. We will be celebrating the great Eric Carle's book, *Brown Bear, Brown Bear* along with other books related to colorful shapes and numbers. This year is going to be so much fun and we're so excited to have such a wonderful group of students and staff to spend every day with.



Krista's Class

We welcome a new school year by celebrating old and new friendships. The students in our class have begun their experience by exploring their five senses and noticing seasonal changes, which is a curriculum expectation under the strand of Environmental and Community Awareness. Our students are targeting Early Literacy by reading their names, attending to oral print, and by engaging in word play and songs. They are challenging their selves to achieve the Numeracy expectation of expressing the numbers 1 to 10 sequentially and comparing the quantities of 1 to 10. A lot of our students love sensory play and being outside. The world is our classroom!

The CVI version of "The Wheels on the Bus" and "5 Green and Speckled Frogs" are the most requested songs during circle times and the book *The Five Senses* is their most popular choice for storytime. We are going to have a ton of fun while we learn and have new experiences like picking apples and raspberries to make our own delicious snack.



Marta's Class

We had so much fun in the first few weeks of the school year. This month, we got to know one another, learned about 2D and 3D shapes, and did an affirmation writing project. Students explored a variety of switches to make choices, greet our friends, as well as activate bubble machines and mechanical cup pours. We had lots of sunny weather this month and took advantage by taking our learning outdoors to find different 2D and 3D shapes on our Cliffside Outdoor Classroom.

Nicky's Class

Welcome back to school! I hope everyone had a great summer break. Our class has eight wonderful students. Our class team includes me (Nicky), education assistants Tina, Emily and Karen who joined our team this year. We are happy to have our returning students back with us and are looking forward to getting to know our three new students, Cameron, Ali and Allegress. For September and October, we will be focusing on our Social Studies theme Citizenship and belonging. We will be learning about our home and school community, and about community helpers. We will also be doing different literacy activities as we explore the letters of the alphabet.

We are Looking forward to an amazing school year ahead!

Sarah's Class

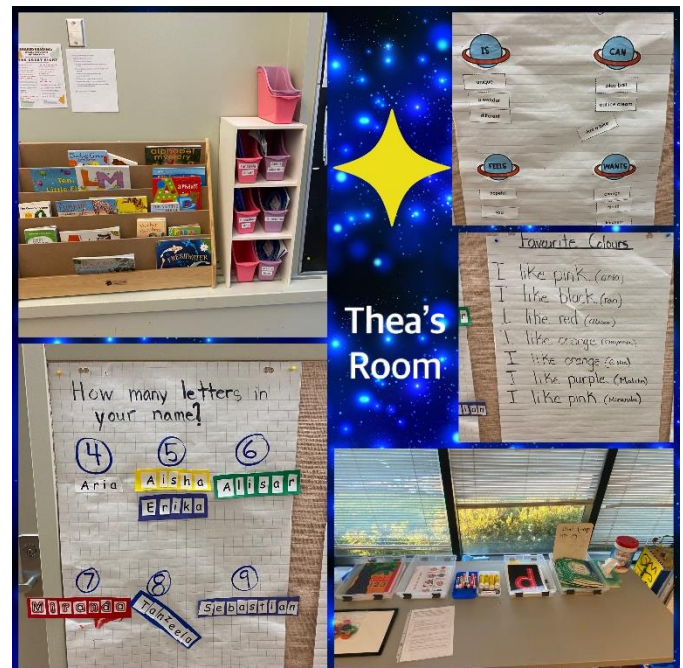
The staff and students in our room have really enjoyed coming back to school and are settling into classroom routines well. We are excited to welcome Deklyn to our school and Brendan to our classroom. They make great additions to our learning group and are making connections already. Our staff this year include Sarah (teacher), Jane, Jenn and Wendy and we are all looking forward to meeting families at our learning conferences next month.

Students have already started engaging in learning activities including letter of the day, making patterns and graphing. Over the coming weeks, we will be working as a class to create our own land acknowledgement and spending some time outside in nature while the weather is still warm enough.



Thea's Class

We welcome new students and staff to our room this year! Kids are excited to be back at school and building new routines and relationships. We spent the first few weeks of the school year getting to know ourselves and each other. Students have engaged in independent reading, creating entries in their personal journals, and looking at the letters in our names. Over the next two months, students' learning will be linked to the new science curriculum; looking more closely at the needs of animals we keep as pets, the responsibilities involved, and exploring ways they can move. We will move into learning about nocturnal animals and our 5 senses. Throughout the beginning of this year students also will be exposed to meaningful learning opportunities to work with numbers, counting, subitizing, comparing, and sequencing. Students seem to be excited to be back at school and ready to learn! We look forward to what this year holds.





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
	No Classes Labour Day					
10	11	12	13	14	15	16
		Sphero Presentation			Terry Fox Walk, Run & Roll @ 1:00 pm	
17	18	19	20	21	22	23
				Learning Conferences 3:30 pm – 7:30 pm	No Classes Non-Instruction Day	
				Council & Society Meets @ 6:45 pm	Learning Conferences 8:30 am – 12:30 pm	
24	25	26	27	28	29	30
Book Fair Ends				Orange Shirt Day	No Classes National Truth & Reconciliation Day	
DATES TO REMEMBER						
No Classes/School Monday, September 4 Terry Fox Run, Walk & Roll Thursday, September 15 Student Learning Conferences Thursday, September 21 (3:30 pm – 7:30 pm) School Council Meeting Thursday, September 21 @ 6:45 pm (online/virtual) No Classes/School Friday, September 22 Student Learning Conferences Friday, September 22 (8:30 am – 12:30 pm) Orange Shirt Day Thursday, September 28 No Classes/School Friday, September 29						





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
	Classes Start	AHS Flu & Vaccine Clinic 9 am – 12 pm		School Council & Society Meets 6:45 pm	No Classes Non-Instruction Day	
22	23	24	25	26	27	28
			Student School Photos			
29	30	31				
		Halloween Celebration				
	DATES TO REMEMBER					
	No Classes/School Fall Break: Monday, October 9 – Friday, October 13 AHS Flu & Vaccine Clinic Tuesday, October 17 School Council Meeting Thursday, October 19 @ 6:45 pm Student School Photos Wednesday, October 25 Halloween Celebration Tuesday, October 31					





JOIN THE 2023 CLIMB FOR THE KIDS AT CASA CONNOR

ALL PROCEEDS help support children
with disabilities and their families.

NOVEMBER 18

8:30am-12:00pm at
the Calgary Tower





Climb for the Kids At Casa Connor supports Mexico's Canadian Angels Foundation, a registered Canadian charity focused on providing educational and therapeutic opportunities, improving health, nutrition, and introducing much needed respite services for families of children with disabilities.



Our work is carried out at Casa Connor, a facility built in Mexico, largely by Canadians, as a legacy to Connor Vanderveen who had Hunter Syndrome. Connor was born and lived his short life in Calgary. Connor's life legacy provides much-needed hope for many, many children with special needs. As an additional tribute to Connor, the Calgary Tower will be lit up orange for the evening of November 18, 2023.

CLIMB THE CALGARY TOWER FOR A CAUSE

REGISTRATION COSTS \$50 to climb all 802 stairs at the Calgary Tower unlimited times during the event. Once the climb is completed all participants are welcome to enjoy fruit and water and visit the stunning view from the observation deck.

We are 100% donor funded. All proceeds go to support the valuable work done at Casa Connor

PARTICIPANTS WILL RECEIVE:

- Climb for the Kids at Casa Connor T-shirt
- Medal at the Tower top when you complete
- Downloadable Certificate of Completion

****Free Tower fee** for the first 100 people to register for the Calgary Tower climb**



Scan the QR Code for more information and to register for the climb

OUR VALUED SPONSORS:

